

Open Hearts ♥ Open Minds ✝ Open Doors

Foundry



October At A Glance 2026



Pastor: Rev. Dr. JaeHaeng Choi

Office Hours

Tuesdays & Thursdays |

10:00am -1:00pm

Fridays

Visiting Members ~ Pastoral Care

Need a Different Time?

Schedule an appointment

757-340-0595 Or

Email: JaeHaengChoi @ gmail.com

Food Pantry & Clothing Closet Hours

Donation hours are Tuesday 10 - 12 noon.

Distribution hours are Thursday 9 - 12 noon



Thank you!
for your donation

September Food Pantry Distribution

Date	# Families	# New	Representing # Family Members
Sept 3	41	4	155
Sept 10	41	2	137
Sept 17	41	2	146
Sept 24	46	3	146

October Is Mission Month

Harvest Sale! Order Today - Through Oct. 25th

10/3	United Methodist Men Meeting	9:00 am
10/4	World Communion Sunday & After Church Coffee & Fellowship	11:00 am
10/7	Wednesday's Women's Group	6:00 pm
10/11	Pastor Appreciation Sunday & After Church Coffee & Fellowship	11:00 am
	Youth Formation Group	12:30 pm
10/14	Bible Study Resumes	12:00 pm
10/17	Strickland Dinner	6:00 pm
10/18	Traditional Sunday Worship & After Church Coffee & Fellowship	11:00 am
10/21	Bible Study	12:00 pm
10/24	United Women In Faith Meeting	11:00 am
	Children & Youth Halloween Dance	5:00 pm
10/25	Traditional Sunday Worship & After Church Coffee & Fellowship	11:00 am
	Culture & History Presentation Elizabeth MacDonald	12:00 pm
10/27	Operation Blessing Blitz Volunteers Needed!	11:00 am -1:30pm
10/28	Bible Study	12:00 pm
10/30	JCOC Dinner - Volunteers Needed	1:30 pm

2801 Virginia Beach Blvd | Virginia Beach, VA
23452 | Office Phone: 757-340-0595

Website: FoundryUMCVB.org |

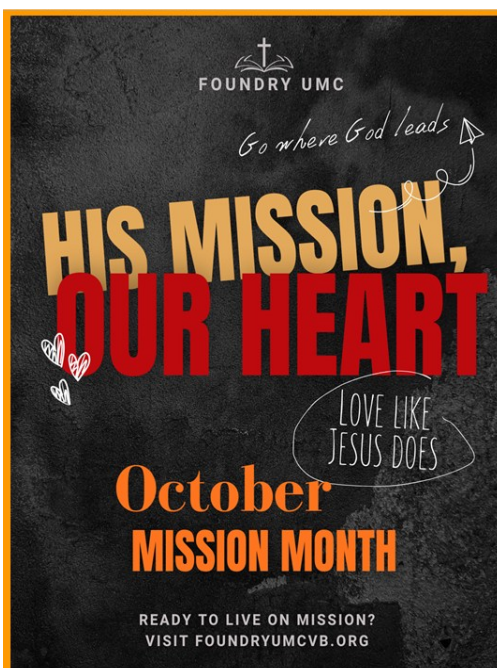
Facebook: @foundryumcvb |

Email: foundryumc@foundryumcvb.org



Carleen & Terry Huling	Vicki Bracey	Judy Brabrand
Doug Hudson	Diana Fay Boyce	Pastor JaeHaeng
Katie Mahrenholz	Alan Wakefield	Beckey Reno-Cobb
Betty McCraw	Jeannie Meisner	Martha Self
Joel Sanders	Harriet Glasper	Carol Crosby
Bill & Joan John	Page Cockrell	Dan Athanasatos
Janice Mullahy	Bill & Vivian Mathews	Pat Owen
Fran & Roger Clarke	Barbara Harris	Judy Krampen
Richard & Lynette Schoop	Mija Arnold (Barbara's mother)	John Brewington
Work Family (Byron's Aunt)	Gattuso Family	De & Lee Strickland
Carmen Fuentes (friend of Kyler's)	Sarah Kyler's Aunt Andrea	Kim Moreira (friend of Kyler's)

- 1 Vicki Bracey
- 3 De Strickland
- 6 Casey Bozard
Bill John
- 7 Cory Bozard
- 8 Pastor JaeHaeng
Abigail Gilman
- 12 Nolan Grover
- 16 Donna Athanasatos
- 17 Cameron Melander
- 18 Helen Smith
- 21 Teresa Gattuso
Barbara Harris
- 28 Jolene Oman



You'rx nxxdxd!

Evxn though my typxwritxr is an old modxl, it works quitx wxll— xxcxpt for onx kxy. I havx many timxs wishxd it workxd pxrxfctly. It's trux that thx othxr kxys work grxat, but just onx kxy not working makxs a hugx diffxrxncx.

Somxtimxs our church sxxms likx my typxwritxr — not all thx kxy pxoplx work. You may say to yoursxlf, "Wxll, I'm just onx pxrson. I don't makx or brxak thx church." But it doxs makx a big diffxrxncx bxcausx a church, to bx xffctivx, nxxds thx activx participation of vxvry pxrson.

So, thx nxxt timx you think your xfforts arxn't nxcxssary, rxmxmbxr my typxwritxr and say to yoursxlf, "I'm a kxy pxrson in thx congrxgation, and I'm nxxdxd vxry much."



World Communion Sunday | October 4th Why We Celebrate It

World Communion Sunday is a celebration observed by several Christian denominations. It offers congregations a distinctive opportunity to experience Holy Communion in the context of the global community of faith.

The first Sunday of October has become a time when Christians in every culture break bread and pour the cup to remember and affirm Christ as the Head of the Church. On that day, they remember that they are part of the whole body of believers.

Whether shared in a grand cathedral, a mud hut, outside on a hilltop, in a meetinghouse, or in a storefront, Christians celebrate the communion liturgy in as many ways as there are congregations. It promotes Christian Unity. World Communion Sunday can be both a profound worship experience and a time for learning more about our wider community of faith.

This year at Foundry, on Sunday, October 4th, we are asking the congregation to bring in breads from around the world & wear a scarf or outfit from another country. The breads will be shared during the fellowship social hour following worship service.



FOUNDRY UMC
The Great
HARVEST SALE
Order September 20 - October 25
FoundryUMCvb/
foundryumc@foundryumcvb.org
Pick up November 7th
Volunteers Needed! Contact Chris Work

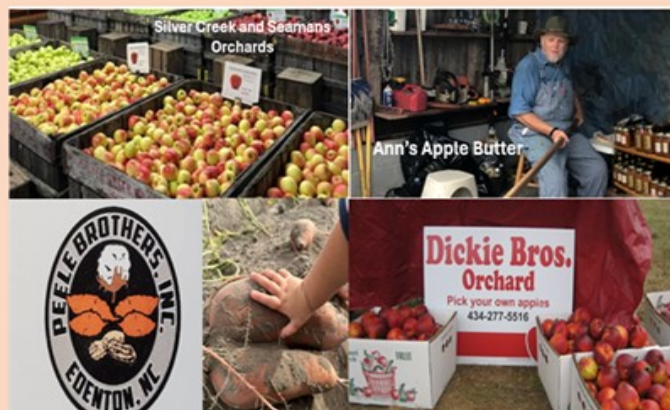


Apples:	1 peck	10 lbs	\$26	\$2.60/lb
	2 pecks	20 lbs	\$46	\$2.30/lb
	3 pecks	30 lbs	\$60	\$2.00/lb
	4 pecks	40 lbs.	\$68	\$1.70/lb [+ \$17 each additional peck]
Sweet Potatoes	1 peck	10 lbs	\$10	\$1.00/lb
Apple Butter	Pint		\$8	(Regular or Unsweetened)
	Quart		\$12	(Regular or Unsweetened)

Don't Forget to Use Discount Code for Multiple Apple Peck Orders At Checkout
DISCOUNT2 - Save \$6
DISCOUNT3 - Save \$18
DISCOUNT4 - Save \$36
DISCOUNT5 - Save \$45
DISCOUNT6 - Save \$54
DISCOUNT7 - Save \$63
DISCOUNT8 - Save \$72

No Service Fees

Just opt-out of the optional donation/tip on the checkout page by
entering 0 (zero) under "other" option



Meet Our Harvest Suppliers

Once again this year, proceeds from The Great Foundry Harvest Sale will support the *Wings of Caring Aviation Ministry* in the Democratic Republic of Congo.

They are deeply grateful for the support we provide for their life-saving medical evacuation services.

Last year we expanded our offerings to include sweet potatoes and renamed our annual event the Great Foundry Harvest Sale

Let us introduce you to our suppliers, who provide Virginia & NC-grown and prepared products straight from the goodness of the earth.

Meet Dickie Brothers Orchards, Silver Creek & Seamans Orchards, Peele Brothers Farm, and Ann's Apple Butter.

ORDER ON LINE

foundryumcvb.org

<https://www.zeffy.com/en-US/ticketing/the-great-foundry-harvest-sale-2026>

Join us on Sunday, October 11th as we celebrate Pastor Appreciation Sunday and thank Pastor JaeHaeng for her faithful leadership, care and service to our church family. Cards and notes of encouragement may be placed in Narthex.



Pastor APPRECIATION Sunday
October 11th

OPERATION BLESSING

Next Operation Blessing Blitz
Tuesday, October 27th
Be The Blessing - Please Volunteer

11:00 am | Unload and Store Food
12:00-1:30 pm | Repackage Food
Unload Operation Blessing Drop Off Pre-packed Bags

FAITH & FITNESS Fellowship
Moving Our Bodies • Strengthening Our Faith • Building Community

LOW IMPACT EXERCISE FOR SENIORS

A fun and gentle class designed to improve strength, balance, flexibility and overall well-being in a welcoming, faith-filled environment.

WHEN Every Thursday
First Session September 10th

TIME 2:00 PM - 3:00 PM

WHERE Foundry Methodist Church Ebert Hall

SCHEDULE Held Every Thursday

WHAT TO EXPECT

- Low Impact Cardio for Heart Health
- Strength & Balance Exercises
- Flexibility & Mobility
- Fellowship, Encouragement & Faith-Based Inspiration
- Uplifting Christian Music
- Exercises Adapted for All Fitness Levels

THE BENEFITS

- Improve Balance and Mobility
- Increase Strength and Flexibility
- Support Heart Health
- Reduce Risk of Falls
- Meet New Friends
- Have Fun While Staying Active

WHAT TO BRING

- Comfortable Clothing
- Supportive Shoes
- Water Bottle
- A Smile and a Friend!

Scripture Inspiration
“Do you not know that your bodies are temples of the Holy Spirit?” — 1 CORINTHIANS 6:19
Those who hope in the Lord will renew their strength. — ISAIAH 40:31

ALL ARE WELCOME!
Come experience a joyful blend of faith, fitness, and fellowship as we grow stronger together—body, mind and spirit.

JOIN US EVERY THURSDAY 2:00 PM - 3:00 PM IN EBERT HALL

Foundry United Methodist Church Pastor Choi

FAITH FORMATION
LEARN • GROW • BELONG • SERVE

Faith Friends Fun Service

Questions? Explore Friendship Faith Fun You Belong Here!

SUNDAY OCTOBER 11TH and SUNDAY NOVEMBER 8TH

12:30 PM - 1:30 PM (Lunch Provided)

ROOM 15 Foundry United Methodist Church

LEARN More About God's Love
GROW In Your Faith
BELONG In a Caring Community
SERVE Make a Difference Together

“Let your light shine before others.” Matthew 5:16

FAITH • FRIENDSHIP • COMMUNITY • A BRIGHTER TOMORROW

CANADIAN CULTURE INFORMATION & GAMES

Want to learn about an unknown Canadian WWII hero? What is Truth and Reconciliation? Think your Canadian knowledge is enough to win Jeopardy?

SUNDAY OCTOBER 25 2026
YOUTH BUILDING
12:00 - 2:00 PM

LIGHT LUNCH AND SOME CANADIAN SNACKS

Please RSVP to mmacdonald369@gmail.com by Oct 24th 2026

CHILDREN & YOUTH COSTUME Party!
ALL ARE WELCOME!

COME DRESSED UP FOR AN EVENING OF FUN, FRIENDS & FESTIVE MEMORIES!

OCTOBER 24TH

5:00 - 8:00 PM

LOCATION: FOUNDRY UNITED METHODIST CHURCH EBERT HALL

ADMISSION: ONE NONPERISHABLE FOOD ITEM TO BENEFIT OUR FOOD PANTRY

ENJOY! GAMES & ACTIVITIES, SNACKS & TREATS, MUSIC & FUN

CHILDREN & YOUTH COSTUME CONTEST

PLEASE NOTE: NO SCARY COSTUMES. LET'S KEEP IT FUN & FRIENDLY FOR EVERYONE!

BRING YOUR SMILES, YOUR COSTUMES, AND GET READY FOR A SPOOKTACULAR TIME!

VOLUNTEERS NEEDED

JCOC Dinner

OCTOBER 30, 2025

Volunteers Needed to Prepare & Assemble
Foundry Kitchen 1:00 pm

Volunteers Needed to Serve Dinner & Clean Up At JCOC Site

SIGN UP ONLINE : SIGNUP.COM OR CONTACT CWORK@COX.NET