

# March

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Open Hearts ♥ Open Minds ✚ Open Doors

*Foundry*  
United Methodist Church

2801 Virginia Beach Blvd  
Virginia Beach, VA 23452  
Office Phone: 757-340-0595  
Website: [FoundryUMCVB.org](http://FoundryUMCVB.org)  
Facebook: [foundryumcvb](https://www.facebook.com/foundryumcvb)  
Email: [foundryumc@foundryumcvb.org](mailto:foundryumc@foundryumcvb.org)

## MARCH

3/1	Bible Study	12:00 pm
3/4	UMM UMW	9:00 am 11:00 am
3/5	<i>Second Sunday Lent Worship</i> After Church Coffee & Fellowship	11:00 am
3/7	Mommie & Me Trustees Meeting	10:00 am 7:00 pm
3/8	Bible Study	12:00 pm
3/11	UMW Painting Class	2-4 pm
3/12	<i>Third Sunday Lent Worship</i> Special Music Handbell Duet After Church Coffee & Fellowship	11:00 am
3/14	Mommie & Me Worship Committee Operation Blessing	10:00 am 11:00 am 11:00 am 12:00 pm 1:45 pm
3/15	Bible Study	12:00 pm
3/18	Evelyn Mountford's Memorial Svc	11:00 am
3/19	Spring Ahead! Daylight Savings <i>Forth Sunday Lent Worship</i> After Church Coffee & Fellowship UMCOR Sunday 90+ Birthday Party Potluck	11:00 am   12:00 pm
3/21	Mommie & Me Church Council Meeting	10:00 am 7:00 pm
3/22	Bible Study	12:00 pm
3/26	<i>Fifth Sunday Lent Worship</i> After Church Coffee & Fellowship	11:00 am
3/28	Mommie & Me	10:00 am
3/29	Bible Study	12:00 pm



### **News of Family & Friends**

*Margret Gummio* passed on February 18th. Condolences may be sent to her family at 420 Chisholm Dr. Virginia Beach, VA 23452

*Evelyn Mountford* memorial service will be held at Foundry UMC on March 18th at 11:00 am. Condolences may be sent to her family at 489 Lakewood Circle 23451

*Linda Way* has returned to Birchwood Park Rehab & Nursing for Hospice Care. She welcomes visitors.

**Pastor JaeHaeng Choi**

**Tuesdays-Thursdays  
10:00am -1:00pm**

**Fridays  
Visiting Members & College Campuses**



**Need a different time?  
Call and schedule an appointment  
to see her!**

**Call 757-340-0595 Or  
Email: [Pastor@Foundryumcvb.org](mailto:Pastor@Foundryumcvb.org)**

**Burgess Allison**  
*3210 Dumbury Ct, Virginia Beach, VA 23453*

**Mary Key**  
*205 Lone Pine Rd Virginia Beach, VA 23451*

**June Leach**  
*243 N. Lynnhaven Rd, Virginia Beach, VA 23452*

**Linda Way**  
*Birchwood Park Rehabilitation & Nursing Home  
340 Lyn Shores Drive, Virginia Beach, VA 23452*

**Fran & Roger Clarke**  
*633 W Lynn Shores Cir, Virginia Beach, VA 23452*

**Teddy & Barbara Harris**  
*6128 Wythe Place, Norfolk, VA 23508*

**Anne Meehan (Sandy Grover's mother)**  
*437 Catalina Ave. Virginia Beach, VA 23452*

**Maryann Maslanik**  
*(Elaine Carty's daughter)*  
*5729 Earnhardt St. Virginia Beach, VA 23464*

**Gladys Lingoni**  
*485 Bethune Drive, Virginia Beach, VA 23452*

**Jeannie Olson**  
*(Pastor JaeHaeng's dear friend)*  
*4 Woodmont Ct, Berkeley CA 94708*

**JaeWoon Choi**  
*(Pastor JaeHaeng's Sister)*  
*c/o 2801 Virginia Beach Blvd. Virg. Bch, VA 23452*

#### **In Our Military or Away**

**Joe & Shirley Richardson**  
*6410 Nassau Tr, Colorado Springs, CO 80925*

### *A Message From The Pastor*



### ***Take the Cross and Follow Me***

Our Lenten journey began on Ash Wednesday, February 22 this year by receiving ashes on our forehead. In ancient times, repentance was emphasized by wearing sackcloth and the covering of oneself with ashes. Lent is a Christian season to repent our sins and to live in the presence of God. It is a season to reorient our lives from the worldly interests to God, and God's will. The sermon series during Lent will be "Discipleship" from Mark's gospel.

Jesus called his disciples and taught them discipleship. The core of the discipleship is to take up our cross and follow Jesus to give life to the world. He said,

<sup>34</sup> After calling the crowd together with his disciples, Jesus said to them, "All who want to come after me must say no to themselves, take up their cross, and follow me. <sup>35</sup> All who want to save their lives will lose them. But all who lose their lives because of me and because of the good news will save them. <sup>36</sup> Why would people gain the whole world but lose their lives? (Mark 8:34-36, CEB).

During Lent, I would like to encourage the Foundry Family to read the gospel of Mark and reflect on discipleship and the cross. What is the cross that Jesus wants you to carry for the sake of your family's salvation and peace? What is the cross the Lord asks you to bear to revive our church? What is the cross he commands us to take to heal the world? In this holy season, I pray that we choose a cross in our daily lives to be a little light of love and hope both to our family and to the world while meditating on Jesus' suffering, death, and resurrection for our salvation.





## *From Your Foundry Lay Leader*

Foundry Family and Friends,

This is a sincere and friendly reminder of what I shared the last two months. And I truly believe God knew exactly what he was doing when he created each one of us. First, we are made to be social beings and second, we are made to be in service to something. The first characteristic supports the need (and benefit) to be a part of a small group or some ministry. People enjoy being together and sharing, laughing or just helping and serving others. The second characteristic supports the idea of doing individual tasks. It was said: "God created each of us uniquely for service".

Some examples of the "social" characteristic might be joining a Men's group, a Women's group, a Bible or Prayer study, a Church committee, starting/re-starting a Sunday School class, or participating in an existing ministry (Food Pantry or JCOC). Some examples of the individual "service" characteristic are shown below.

- \* Sanctuary sound booth
- \* Sunday service ushers
- \* Sunday service communion helpers
- \* Sunday service worship assistants
- \* Sunday coffee and fellowship time
- \* Interior prayer garden upkeep
- \* Kitchen upkeep
- \* Landscape around our front yard sign
- \* Join the choir

Contact the church office and be directed to someone who can provide further details.

Watkins Bracev | 757-408-9533 (cell) | [watkins.bracev@gmail.com](mailto:watkins.bracev@gmail.com)



***Thank you for your continued contributions  
to our  
Missions and Outreach ministries!***

February Food Pantry Distribution			
Date	# Families	# New Families	Representing Individual Members in Family
February 5	20	1	81
February 12	29	6	84
February 19	31	3	121
February 26	20	1	66



### **Food Pantry Needs**

Food Pantry is serving an average of 20 to 30 families per week, and we continue to need ***donated food items:***

Vegetable Oil | Sugar | Flour | Salt Pepper  
Dish Detergent | Laundry Detergent Feminine Hygiene Products  
Butter | Stove Top stuffing | Tea bags | Coffee | Cake Mix & Frosting  
Canned Fruit | Canned Vegetables to include Corn, Green Beans & Mixed | Tuna  
Cereal | Peanut Butter – Crunch/Creamy | Garbanzo Beans | Cannelloni Beans

**OR**

***Cash contributions*** help us to shop for bargains to provide nutritionally well-founded food bags to our guests.

**Donation Hours are on Tuesday mornings from 10-noon.**

**Distribution on Thursday mornings from 9-noon.**

## *From Your Foundry Finance Chairperson*

Foundry Family and Friends,

As I always say, first and foremost, a sincere thanks for your generosity and continued support of the ministries here at Foundry. We are a small church family but very active in several mission areas. However, one of our biggest challenges at this time is financial, in that our weekly offerings are not sufficient to meet our normal monthly operating expenses. This has caused us to temporarily borrow from our Dedicated funds, a total of \$5,799 through February 19. Please pray that God touches each of our hearts in the way He knows best and then seek to determine the response he calls you to make. All things are possible through Him!

Below are the various ways to give to Foundry:

- ♦ Bring your offerings to in-person worship on Sundays
- ♦ Bring your offerings to the church office Monday – Friday (9:00am – 1:00pm)
- ♦ Mail your offerings to the church
- ♦ Use your bank's on-line "bill pay" system to send your offerings
- ♦ Use the church's website ([www.foundryumcvb.org](http://www.foundryumcvb.org)) to electronically send your offerings (via PayPal or your credit card)
- ♦ Use your retirement RMD (required minimum distribution) as a donation to the church
- ♦ Prepay your annual offering in a lumpsum amount
- ♦ Donate shares of stock or mutual funds to the church
- ♦ Remember the church in your estate or will planning

Again, thank you for your support of our church – your time, talents, prayers, and financial or other gifts.

Watkins Bracey | 757-408-9533 (cell) | [watkins.bracey@gmail.com](mailto:watkins.bracey@gmail.com)



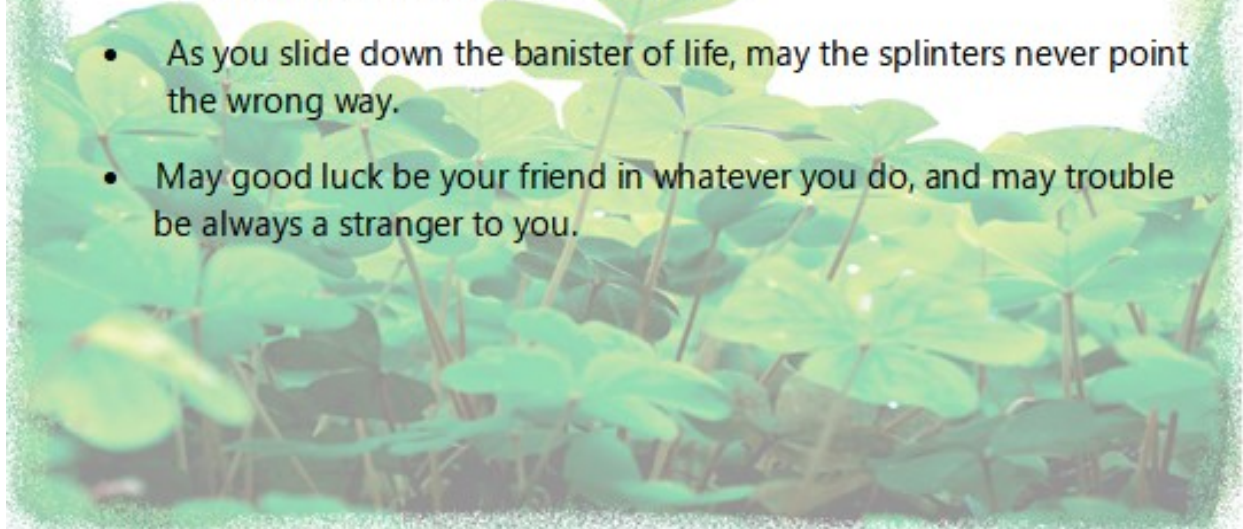


**THE SYMBOL OF THE SHAMROCK** — St. Patrick used the shamrock to teach people about the Godhead. Holding up a shamrock, he challenged them, “Is this one leaf, or three?” Inevitably, people replied that it was both, prompting St. Patrick to draw the analogy that so, too, is God: one God in three Persons — the Holy Trinity.

### **In the Spirit of St. Patrick’s Day**

#### ***Lighthearted blessings***

- May the hinges of your friendship never grow rusty.
- May the luck of the Irish lead to happiest heights and the highway you travel be lined with green lights.
- As you slide down the banister of life, may the splinters never point the wrong way.
- May good luck be your friend in whatever you do, and may trouble be always a stranger to you.



## The Season Of Lent



FIRST SUNDAY  
*in Lent*  
February 26th



SECOND SUNDAY  
*in Lent*  
March 5th



THIRD SUNDAY  
*in Lent*  
March 12th



FOURTH SUNDAY  
*in Lent*  
March 26th



FIFTH SUNDAY  
*in Lent*  
March 19th



PALM SUNDAY  
April 2nd

## HOLY WEEK SERVICES



**Maundy Thursday**

**April 6th | 7:00 pm**



**Easter Sunday**

**April 9th**

**Sunrise Service | 6:30 am**

*A Continental Breakfast  
will immediately follow.*

*Look for a sign-up sheet later in March*



**Traditional Service | 11:00 am**

*Bring flowers with you to flower the cross*



1	Noah Kim	21	Casey Krampen
	Ashley Shedlock	22	Bobbie Oman
3	Ivy Peterson	23	Rev. Matthew Potter
5	Ana Gabriel	24	Anna Hersey
	Flavio Gabriel	25	Bob Dornbrock
	Mina Gabriel	27	John Oman
6	Kyndall Barker		Julie Oman
	Jeff Van Arnam	28	Robbie Candleario
9	Alison Blalock	29	Brett Mathews
15	Art Oman		Lynette Schoop
18	Bob Powell		
19	Patti Eberhardt		
	Paige Powell		
	Chris Grady		



**2023 Dates Available!**  
**Altar Flowers are \$45.00**

Placing flowers on the altar for our worship service is a wonderful way to honor someone you love and appreciate, or to remember a departed loved one.

Unable to make it to church? Call or email the church office. We will help you pick a date and you tell us what message you would like printed in the bulletin. We make sponsoring flowers easy!



**In March**



**February 22-April 6**



**Women's History Month**



**March 17**

**UMCOR SUNDAY**

*"We are ambassadors who represent Christ."*

**March 19**



**March 19-20**

# Foundry Family & Friends



Children's Time



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Mommie  
& Me



Visiting Martha



Choir Appreciation Sunday





# *You're Invited*



**Invite Everyone To Join Us For a Painting Class  
with Pat DeHeart  
Saturday | March 11th | 2-4pm | Ebert**

Pat will lead you step-by-step as you create your personal masterpiece. A fee of \$35.00 covers materials, including acrylic paints, canvases, and easels.

Please pay by check made out to Foundry UMW place in an offering envelope with UMW "Painting Class" noted on the outside of the envelope.

See Carol Crosby (757-430-0750) or  
Judy Miller (757-580-7001)  
if you have any questions.



**Your Invited....  
to a Birthday Potluck Party  
for our  
Foundry Family & Friends  
Celebrating Thier 90+ Birthday  
This Year!**

**Sunday | March 19 | After Service | Ebert Hall**

*See Mary Leeds for more information*



# The Season of Lent

## 40 days OF LENT

February 22 - April 6

first day of Lent:

Do something NICE for a teacher or pastor.

Make a cross with things you find in nature. *two*

Read a Bible story or book. *three*

Play your favorite game with someone. *four*

5 Give someone a hug.

NO sweets today! *six*

7 Learn an Easter song.

8 Make a cartoon about how Jesus is the Lamb of God. *eight*

9 Give away something to someone. *nine*

Help someone today. *ten*

11 Draw or decorate colorful Easter eggs.

Surprise someone with a SPECIAL NOTE. *eleven*

13 Draw a picture with chalk outside. *thirteen*

14 Pray for someone.

15 GIVE SOMEONE A COMPLIMENT.

16 Help with yardwork or pick up a piece of litter. *sixteen*

seventeen Share a meal with someone.

18 Perform a random act of KINDNESS.

19 Download Easter coloring pages, print and color.

Tell God what you are thankful for.

LIST

reasons why you love Easter. *twenty one*

22 Draw or purchase an Easter Lily for a friend. *twenty two*

27 Read John 13:1-17 and wash someone's feet. *twenty seven*

Have a palm parade around your home. *twenty four*

FORGIVE someone for something they did to you. *twenty five*

26 Talk to someone or think about why we celebrate Easter. *twenty six*

27 Read about Good Friday. (John 19:16-37)

Go on a nature scavenger hunt & find things that remind you of Jesus. *twenty eight*

29 Draw an Easter picture for your family.

31 Make something for someone. *thirty one*

32 Collect items in a basket that remind you of Easter.

thirty three Play a game in the dark with flashlights.

34 Tell someone why you love Jesus. *thirty four*

35 Play stack the Peeps. (One who can stack the most Peeps in a minute.) *thirty five*

thirty six GIVE UP Something for the day.

37 Make an Easter card.

thirty eight Hold the door open for someone. *thirty eight*

39 Read about Jesus' resurrection. (Matthew 28; Mark 16; Luke 24; John 20)

Attend an Easter service.

Foundry UMC  
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